



Healthy Bee, Healthy Me Pollinator Garden Plant List

| Botanical Name | Common Name | Bloom Time | Bloom Color | Height | Sun | Soil Moisture | Visitation by Pollinator | Larval Host |
|----------------------------------|------------------------|------------|---------------------|--------|----------------------|------------------|-------------------------------------------------|-------------|
| <i>Liatrix spicata</i> | Dense Blazing Star | Jul-Sep | rosy-pink | 2'-4' | full sun | average, dry | hummingbirds, butterflies, bees | |
| <i>Monarda fistulosa</i> | Wild bergamot, Beebalm | May-Sep | white, pink, purple | 2-5' | sun, part-shade | dry, moist | hummingbirds, butterflies, bees, bumble bees | |
| <i>Echinacea purpurea</i> | Purple coneflower | Apr-Sep | pink, purple | 2-5' | sun, part-shade | dry | bees, butterflies, hummingbirds | |
| <i>Callicarpa americana</i> | American Beautyberry | May-July | White, Pink | 6-10' | full to part sun | average to moist | birds, butterflies | |
| <i>Pycnanthemum virginianum</i> | Mountain mint | Jul-Sept | white | 2-3' | part to full sun | average | bees, butterflies | |
| <i>Cephalanthus occidentalis</i> | Buttonbush | Jun-Sept | white, pink | 5'-10' | part to full shade | moist, wet | bees, bird, butterflies, insect | |
| <i>Coreopsis lanceolata</i> | Lance-leafed coreopsis | Apr-Jun | yellow | 1-2' | part to full sun | average | butterflies, bees | |
| <i>Lobelia cardinalis</i> | Cardinal flower | Jul-Sep | red | 2'-4' | part sun to full sun | average, wet | hummingbirds, butterflies, bees | |
| <i>Schizachyrium scoparium</i> | Little bluestem | Jun-Dec | green/blue | 3'-6' | sun to part shade | dry | birds, butterflies | x |
| <i>Eutrochium fistulosum</i> | Joe Pye Weed | Jul-Sept | lavendar pink | 4'-6' | full sun to part sun | average, dry | bees, butterflies | x |
| <i>Asclepias incarnata</i> | Pink Swamp Milkweed | May-Sept | pink | 4'-6' | full sun | wet to dry | bees, butterflies | x |
| <i>Rudbeckia heliopsisidis</i> | Black-eyed Susan | Jun-Oct | yellow | 5'-7' | full sun | average to dry | bees, butterflies | x |
| <i>Amsonia tabernaemontana</i> | Eastern Blue Star | Mar-May | blue/purple | 3'-5' | part sun to full sun | average | butterflies, hummingbirds, carpenter bee, moths | x |

All plants are native to the NC Piedmont and locally sourced from Cure Nursery in Pittsboro, NC